

2019 Montana Cadet (16U) National Dual Team
Spokane Washington
Camp: June 7-11th
Competition: June 12th-June 15th

MT-USAW sponsored training camp will be located in Missoula

Camp Director:Jeremy LaPorte
Phone:250-8466

Address 4871 Scott Allen Dr.- Missoula, MT 59803
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The Cadet (16U) National Duals have been moved to the Northwest for the second year. Our goal is to put together competitive teams in both Freestyle and Greco. All weights are open and we will hold wrestle offs as needed. Extras will be taken as needed. The weights are as follows:
88,94,100,106,113,120,126,132,138,145,152,160,170,182,195,220,285

Training camp check in is Saturday, June 7th at Missoula Sentinel, between 6:00 pm & 7:00 pm, followed by a workout. The camp will run from June 9th thru June 11th. We will leave and weigh in June 11th. Full schedule on next page.

Cost is \$350 which includes camp, housing at camp, transportation to and from Spokane, housing at competition, registration, t-shirt, and a singlets. If you pay in full and do not make the team, you will be reimbursed for all but a \$100 camp fee. The cost for just the camp is \$125 with a \$25 discount if signed up by May 31st. \$100 plus \$25 discount if you do not need housing.

Please let us know if your parents are planning to attend the duals and how many athletes they can transport. Jeremy LaPorte must receive your application on or before May 31 in order to receive the discounted camp fee (just camp only, no discount for athletes going to duals).

We will have coaches helping at camp and at the tournament from all around the state. We will offer training in freestyle and greco in order to be fully prepared for the tourney. We are also working on weekend mini camps leading up to the final camp in Missoula.

Housing in Missoula will be with local host families. The families will be providing transportation during camp, breakfast, sack lunch and dinner. If you need special food accommodations, you will need to take care of this yourself. All other meals during travel and in Spokane will be the athlete's responsibility.

You do not have to qualify for this camp. Any cadet may participate. All you will need is a USAW Card which needs to be purchased at: <https://www.usawmembership.com/>

For more info, visit: <https://front25.wixsite.com/teammtcadetduals>

Camp Schedule

Friday, June 7th

6:00-7:00 PM- Check in at Sentinel

7:00-8:00- First Session

Saturday, June 8th

9:00-11:00 AM- Freestyle Session

2:00-4:00 PM- Greco Session

6:00-7:30 PM- Live and Situation

Sunday, June 9th

9:00-11:00 AM- Freestyle Session

2:00-4:00 PM- Greco Session

6:00-7:30 PM- Live and Situation

Monday, June 10th

9:00-11:00 AM- Freestyle Session

2:00-4:00 PM- Greco Session

6:00-7:30 PM- Live and Situation

Tuesday, June 11th

9:00 AM- Weight Cut workout

11:00 AM- Depart for Spokane

1:00 AM- Arrive in Spokane and check into Motel

5:00- PM- Weigh In at Spokane Convention Center (Scratch)

Wednesday, June 12

Greco Roman Session 1:

(16 mats)

Rounds 1 & 2 Preliminary Championship Match, Championship SemiFinals, & Consolation Quarterfinals-9:00 AM to 12:30 PM

LUNCH BREAK-12:30 to 1:30 PM

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Greco Roman Session 2:

Rounds 3, 4 & 5, Consolation Semifinals & 1st Place Match, Placement Match 3rd, 5th, 7th, True 2nd place Match-1:30 PM to 7:00 PM

Thursday, June 13

Greco Roman Session 3:

Color Pools(Gold/Silver, Bronze/Copper, Red/Blue, Green/Yellow)

Rounds 1 & 2 Preliminary Duals (All 16 Mats)-8:00AM to 12:00 PM

LUNCH BREAK-12:00-1:00 PM

Greco Roman Session 4:

Rounds 3 & 4 Preliminary Duals & Finals Placement Match Dual-1:00 PM to 5:00 PM

Freestyle Medical Check and Weigh ins-5:30 PM to 6:30 PM (+4 if wrested at least two matches in greco)

Friday, June 14

Freestyle Session 1:

Rounds 1, 2, & 3 Preliminaries, Consolations, & Semifinals-8:00 AM to 12:30 PM

LUNCH BREAK-12:30-1:30 PM

Freestyle Session 2:

Rounds 4, 5 & 6, Consolations, Placement (1st-8th), & True 2nd

Round 1-Preliminary Duals-Color Pools

(Gold/Silver, Bronze/Copper, Red/Blue, Green/Yellow)-1:30 PM to 8:00 PM

Saturday, June 15

Freestyle Session 3:

Rounds 2, 3 & 4-Preliminary Duals and Finals

Placement Match (Awards to follow)-9:00 AM to 3:00 PM

2019 MT-USAW Cadet National Duals Team Registration

2019 Missoula Camp

Please have submitted by no later than May 31st

Name _____
Track Wrestling # _____

USA Card # _____
Please purchase a card before attending camp. <https://www.usawmembership.com/>

Address _____
City, Zip _____

Birth Date _____

Parent/Guardian _____

Day Phone _____
Cell Phone _____

Parent e-mail _____
Wrestler e-mail _____

Wrestling Weight

Insurance Company _____

Policy # _____

Please complete the following.

Singlet Size: _____
Shirt Size: _____

I here by give Team Montana personel rights to sign a release for treatment of my child if he should need any medical treatment while in their care.

Parent/Guardian Signature

Please circle which applies.

I am just attending camp. Yes No
I am trying to make the team. Yes No
I am going to Fargo. Yes No

Are your parents/guardians planning to attend the duals? Yes No
Will you be staying in a room with them in Spokane? Yes No
Can your parents/guardians help with transportation to Spokane? Yes No
If yes, how many wrestlers can they transport to Spokane?

Before May 31st

Camp Fee & Duals \$350.00
Camp only, plus housing \$100.00
Camp only, no housing \$75.00

After May 31st.

Camp only, plus housing \$125.00
Camp only, no housing \$100.00

Total:

Check # _____ Please make check to: Spartan Wrestling

Camp Use	Refund _____	Check # _____
	Housing = <input type="text"/>	Team = <input type="text"/>